



4 Hour First Aid Courses
Cost £35.00 per person

Wednesday 17th September 2014
6pm - 10pm

The Pods, Ashby Road, Scunthorpe, DN16 1AA

Thursday 18th September 2014
6pm - 10pm

Hull FC Youth & Performance Centre
Pickering Road, Hull, HU4 7AE

Suitable for every one of all abilities, a 4 hour course made up of both practical and theory work, this course is tailor made for **sports coaches**. Topics covered include: Bleeding, Broken Bones, Muscle & Joint Injuries, Chest Pains, Choking, Communication & Casualty Care, Emergencies in Public, Head Injuries, CPR, Sprains and Strains, The Role of the First Aider & Unconscious Casualty.

This course is delivered by a Health and Safety Executive Approved Company.

To book a place on this course or for any further information please visit the website
www.humbersport.com/coaching
or contact Lisa Pooley on 01482 244344