

Name of Case Study: Outdoor Table Tennis Tables

School: Limes College

Activity: Table Tennis

Date: 16th May 2013

Why did you choose table tennis?

We chose table tennis as it is a sport that involves boys and girls and can be adapted for young people with special needs. Also we had some unused space outdoors that was wasted that we wanted to use. We have indoor table tennis tables that were popular with the students in the school so the idea of outdoor table tennis tables was something we wanted to make happen.



How have the outdoor tables benefited your school?

It has reduced the anti social behaviour and incidents at lunchtimes as the students have something positive to do. It has also increased the physical activity the young people are participating in at the school. Also the tables are used as a strategy for calming down students if they are angry as they can take their aggression out on hitting the ball and burning of some energy.

Who is attracted to the tables (e.g. gender, age etc.)?

Mainstream and special needs boys and girls aged 11 -16 year olds. The teachers also use them after school as a way of de-stressing after an incident.

How have the tables been used e.g. do the students just start playing, or does a teacher need to instruct them etc.?

At the moment the students just play, we are hoping in the future teachers will be able to instruct them. Two teacher's did apply to go on a teaching table tennis course but that was full.

What is the BEST thing about the tables?

It creates an opportunity for physical activity, reduces anti social behaviour and incidents at lunchtimes.



Do the students/teachers play table tennis outside of school, has this made them want to play more? Students and teachers use the table tennis tables after school and before school.