

**Name of Case Study:** Indoor Table Tennis Tables

**School:** Newham 6<sup>th</sup> Form College (NewVIc)

**Activity:** Table Tennis

**Date:** 26 November 2012

**Beth Harris, Sports Academy Manager**

**Why did you choose table tennis?**

It's easy to set up, and a popular engagement activity for students to drop in and out of in their lunch times / after college.

**How have the indoor tables benefited your school?**

We have an extremely popular lunch time drop in session which regularly attracts 30 to 35 participants each week – the more tables we have the more likely these students are to get playing time and come back.

Likewise we have a more formal session with coaching once a week after college which attracts 20 participants. The more table time they get the higher the quality coaching and experience they receive.

**Who is attracted to the tables (e.g. gender, age etc.)?**

The tables are predominantly used by male students aged 16-19yrs.

**How have the tables been used e.g. do the students just start playing, or does a teacher need to instruct them etc., have you started a club?**

Monday lunch times 12.20pm – 1.20pm there's a drop in session (30-35 participants weekly) where the students are just rotated on the tables and they organise themselves (overseen by a staff member). Students can attend for 5 minutes to an hour allowing a very informal structure.

Tuesdays 4.45pm – 6.00pm we pay for a coach to instruct the more committed participants who are expected to attend for the full 75 minute training session.

**What is the BEST thing about the tables?**

Easy to set up and they are durable!

**Do the students play table tennis outside of school, has this made them want to play more?**

Some of them play outside of college (very few), and have been attracted to join the local club through the link with the coach.

However the main access to sports / physical activity for most of the participants takes place on site.

**Any other comments/insights?**

Thank you!



