

Name of Case Study: Indoor Table Tennis Tables

School: Bentley Wood High School

Activity: Table Tennis

Date: 29 November 2012

Philippa Lark, Head of PE

Why did you choose table tennis?

We chose table tennis as the current tables we had were broken and we only had 3 in total and therefore could not teach a full lesson with them.

How have the indoor tables benefited your school?

They have really benefitted our school inside and outside of curriculum time.

We run a weekly table tennis club which is always very popular. They have mainly been used in Key Stage 4 lessons during core PE and the students have responded very positively to them.

We have also used the tables in our staff sport sessions. It is the most popular activity!

Who is attracted to the tables (e.g. gender, age etc.)?

We are an all-girls school so has been girls! The girls ages range from year 7 to year 11, although most of the students are from year 7. The students that go to table tennis are not our regular 'club go-ers' which really helps us to increase participation across the school.

How have the tables been used e.g. do the students just start playing, or does a teacher need to instruct them etc., have you started a club?

As stated above we have started a club and they are used in lessons. Also staff sport on a Friday after school.

What is the BEST thing about the tables?

They are easy to assemble which allows the students to get them out unassisted. We also love the bag that it came in as it manages to hold all the equipment. This makes it easy to carry from our store cupboard.

Do the students play table tennis outside of school, has this made them want to play more?

We have begun to develop links with the outside school club. Not at the moment but fingers crossed.



Quotes from students:

“The table tennis tables are really good because there are all new and the nets stay up and haven’t got any holes in them”

“Having the tables has allowed me to learn the rules of table tennis and I now know how to serve”

“Most people think table tennis is not a proper sport, but I think it’s really good and gives you and good workout”

