

## Keeping Healthy in Heckmondwike!

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On Wednesday 12th July to coincide with National Table Tennis Day, Heckmondwike Table Tennis Centre in West Yorkshire teamed up with Crowlees C of E Primary School in Mirfield to celebrate their annual Healthy Schools initiative. Sixty pupils and staff were transported to the dedicated Table Tennis Centre for a fun filled day of Table Tennis provided by Table Tennis England qualified coaches, Usman Umar, Naila Malik, Chris Reece and Chris Wilding. For most this was their first experience of the sport but it was clearly a hit with many asking for play on opportunities at the club's weekly coaching sessions on a Monday evening and Saturday morning. Miss Wright from the school who organised the event commented 'The kids have had a brilliant day, every child I have spoken to have said they really enjoyed it and didn't realise it was such a fast and dynamic sport. The smiles said it all!'.

The club in conjunction with Dewsbury Table Tennis league have recently submitted an EOI to be part of the new Table Tennis England programme Be TT which if successful will allow them to further develop relationships with local schools to expand their junior section.



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