



## Over 50's Table Tennis session at Ponds Forge, Sheffield

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A new over 50's table tennis session that was set up nearly 12 months ago at Ponds Forge, Sheffield has continued to thrive on a weekly basis. The session was established through excellent partnerships between Table Tennis England, SIV and Vulcan Table Tennis club.

A regular cohort of 15-20 over 50's, male and female participants, play in the social session on a Thursday afternoon at Ponds Forge Leisure Centre, where they play games, practice and have some coaching tips, supported by Vulcan Table Tennis club coaches, Ronnie Ridge and Steve Parkinson.



The sessions are a Pay and Play session, so anybody is very welcome to come down and play. Equipment is provided.

For more details about the session, contact Steve Parkinson 07908 418969 or Rob Loxley 07954 612254

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