



## Welcome to the latest Ability Clubs Newsletter

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**The January 2017 edition of Table Tennis England's Ability Clubs newsletter is now out.**

Dear Ability Clubs,

I am delighted to welcome you to our first Ability Clubs Newsletter, where you will find latest news, opportunities and updates, as well as a dedicated slot from British Para Table Tennis every issue.

This month's issue focuses on Halton Table Tennis Club, and their personal Road to Rio with Paralympian Jack Hunter-Spivey. We'll also look at the importance of Mental Health with Time to Talk Day approaching on the 2<sup>nd</sup> February.

Your clubs are so important to table tennis as a whole, as well individuals with a disability and we appreciate your continued support. I hope this newsletter serves as a place to share best practices with other clubs, as well as provide you with key information moving forwards. People with a disability are far more likely to be inactive, and with the benefits of table tennis being immeasurable, providing more accessible playing opportunities are key.

Thank you for all of your continued hard work and commitment to making table tennis the fantastic sport that it is.

If you have not done so already, please ensure you sign the MOU which was emailed out to you, as this will now be a pre-requisite for any work with your clubs and Table Tennis England.

Best Wishes,

Helen Dennett

Projects Officer

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