## Proudly supporting youth social action



## Yolanda a great example of #iwill power!

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This week is *#*iwillweek and we want to hear all about how you are celebrating young people's inspirational work, engaging others.

Within table tennis we are lucky to have an amazing number of young volunteers who dedicate their time to help others.

Yolanda King is a prime example of a young volunteer and player. Throughout her college and university years she has been highly involved in table tennis both playing and volunteering. Yolanda has dedicated her time to help others in her university and community as well as promoting female sports participation.



She has been a sports scholar at the University of Nottingham for four years, during which time she was Sportswomen of the Year in her second year and Table Tennis President last year.

University of Nottingham's Clubs Development Co-ordinator Alice Kempski praises Yolanda's work as inspirational and dedicated. She said:

"Yolanda has worked tirelessly to increase the number of students playing table tennis which included her liaising with the University of Nottingham social sport programme, known as 'Engage', to include table tennis as a sport offered to those students currently inactive.

"Another key area of note is her implementation of #thisgirlcan sessions, working with Kelly Sibley, England's No I female table tennis player, to inspire and motivate female across the University campus.

"Yolanda also engaged with other University of Nottingham wider sport initiatives such as the 'Discovery Days' which involved talking to and delivering table tennis to young school children visiting campus."

Just like Yolanda you can make a difference and take part in social action!

Let us know how you celebrate #iwillweek

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