

Taste of Table Tennis at Lancashire Care NHS

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As part of a Table Tennis England nationwide programme bringing Table Tennis to the workplace, Lancashire Care NHS Foundation Trust recently held a <u>table tennis taster day</u> at their head office. Over a 2 hour slot 10 staff had a great lunchtime break receiving some coaching tips and playing short competitive games.

The CEO, Deputy Chair and staff all took part and have placed an order for a branded <u>Loop at Work</u> table for their office, provided in partnership with Lancashire Sport Partnership.



TT Taster Day at Lancashire Care

Kate Ahmadi-Khattir, Relationship Manager at <u>Lancashire Sport</u> said "Table Tennis in the workplace is proving to be a great way to encourage staff to be active, socialise with colleagues and return ready for action! The workplaces who have taken up the offer have been delighted with the Loop equipment and resources."

If you would like a Loop at Work taster day for your office with a view to ordering a Sport England subsidised pack, and have suitable space to hold a lunchtime table tennis event, contact – Martin Ireland martin.ireland@tabletennisengland.co.uk.

Follow all our Loop at Work activities <u>@loop_tweets</u>.

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