



Southern Region Training Dates Announced

Author: Paul Stimpson

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Ken Macleod has recently taken up the the Regional Co-ordinator role for the Southern region and has announced two training day dates prior to Christmas...

Training day 1:

Date: Sunday November 13th

Venue: Waterside Table Tennis Centre, Southampton

Lead Coach: Ken Macleod

Cost:£25

Training day 2:

Date: Saturday December 17th

Venue: Generation II, Fareham

Lead Coach: Charlie Childs

Cost:£25

Both of these training days will run from 10:30 – 16:30 with a 1 hour break for lunch at 1pm.

All athletes should bring towel, sports water bottle and outdoor trainers in addition to their table tennis shoes and other kit (warmup may happen outside if weather permits).

[Directions to Waterside Table Tennis Centre](#)

[Directions to Generation II](#)

The sessions are suitable for players of improver/intermediate level and performance level players.

Coaches are invited to attend with their players and will be integrated into the day's coaching team.

Clubs should contact Ken on ken@watersidettec.co.uk to indicate which players will be attending so planning for additional practice partners/coaches as necessary can begin.

Ken has asked that notification of attendance be made by at least 10 days prior to the training day in question.

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