



Public Health England (NW) – Loop at Work Taster Day

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Table Tennis England in partnership with Lancashire Sport delivered a Loop at Work taster day today at County Hall, Preston for 11 [PHE NW](#) staff, who took up the challenge over a couple of hours during lunchtime.

After a few coaching tips and some round the table practice sessions, things got a little more competitive with some quick fire team matches, [Video Clip](#).

Caroline Holtom PHE NW Health and Wellbeing Manager said “everyone really enjoyed the session, playing over lunch is great for staff morale, it’s a rare opportunity to get away from your computer screen and mix socially, after a good break you’re ready for the afternoon”.

A Loop at Work package will be arriving at County Hall shortly! If you would like a pack for your workplace contact: martin.ireland@tabletennisengland.co.uk or [click here](#) to order a pack online.

If you would like to play table tennis in the Preston area, [Preston TTA](#) run a Social Session every Friday evening 7pm to 9:45pm at the Preston Table Tennis Centre, [Cardinal Newman Sports Centre, St Augustines, PR1](#).



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