



Sprowston Community TTC July Training Camp

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Sprowston Community Table Tennis Club in Norwich, formed in November 2015 and held it's second training camp at Sprowston Community High School. This time it was for local junior players and England number 5 Hannah Hicks was delivering the sessions.

Over the two days seventeen players aged 8 to 18 received expert tuition from Hannah and local coaches Chris Cockburn, Stuart Laws and the highly experienced Mark Dare. With the mixture of ages and coaches in attendance there was a wealth of knowledge and expertise on hand for all.



The sessions were structured in a progressive manner with fun competitions built into the days such as a one point tournament, Korean sets and the weekend concluded with a sixteen player tournament with every player getting six games and time to put there hard work into practice. The players attitude was superb and they all worked extremely hard in warm conditions, showing great potential for the future and Norfolk table tennis.

The weekend was made possible thanks to the generous sponsorship from Norfolk Motor Group (www.nmg.com), who supplied each participant with a baseball cap, sports bottle and towel.



Many thanks must go to the super enthusiastic Hannah, Chris, Mark, Stuart, Sprowston Community High School and Norfolk Motor Group for giving this opportunity for high level training, a first for many young local aspiring table tennis players.

The Sprowston Community Table Tennis Club runs weekly sessions for all ages and abilities on Monday nights 7pm to 9pm. New players are always welcome. For more information please contact Stuart Laws on 07956 510189 or email stupet11@hotmail.com

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