



Nor-folk of all ages get into table tennis

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Sprowston Community TTC

Sprowston Community TTC has been running since November 2015 on the back of a successful Sport England bid for tables and equipment. Then, with the help of Active Norfolk, a Satellite club began.

Since then a Fit and Fun session for the inactive and the Satellite club have amalgamated into a two-hour weekly session. The session is open to all ages and abilities with coaching, social play and competition offered for those that want it. Presently there are more than 20 members regularly attending to pay and play.

The club recently held a successful coaching weekend with international coach Migual Ventura leading the sessions. There was a good mix of players from top players across the region, as well as juniors and local club players. In total, 64 players attended across the three days of practice.

In July, Commonwealth Games star Hannah Hicks is attending the club to run a junior training camp. To help with this camp sponsorship has been obtained from Norfolk Motor Group who will supply the participants with a towel and drinks bottle.

Hethersett Academy Table Tennis Club



Hethersett Academy Table Tennis Club

Recently Wymondham & District Table Tennis League set up a new Satellite club supported by Active Norfolk at Hethersett Academy. The club runs weekly on Tuesdays in the gymnasium for one hour, starting at 5.45pm, and its presently aimed at players aged between 11 and 24 years old.

The club has only been running since April 12, but already there are 12 players regularly attending the session but with nine tables available there is room to grow. All levels are welcome to come along and have a go.

For more information, please contact Stuart Laws on 07956 510189 or email stupet11@hotmail.com

Thorpe St Andrew High School

Thorpe St Andrew High School have started a new community table tennis club. The club is running weekly on Thursdays 7 to 8pm. All ages and abilities are encourage to come along with all equipment being provided. This is a community social session but coaching is available for those that want it.

The sessions started on Thursday April 14 and already there are 18 members regularly attending, but it is growing by the week.

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