



Northamptonshire Workplace Challenge

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Posted On: July 01, 2016

National Table Tennis Day – Get involved! by beating the Northamptonshire Sport Team

Northamptonshire Sport will be running an “Around the Table” longest rally competition where all of the team has to take alternative shots for as long as possible. They will be posting a video of the teams effort on Monday 4th July Via twitter and they are challenging workplace in Northamptonshire to beat it on National Table Tennis Day and submitting the video on twitter using @Nsport @tabletenniseng and hastag #TableTennisDay.



They will be tweeting the winners and you will win a Ping table tennis set which can be used in your office.

Free Lunchtime Table Tennis Competition

Northamptonshire Sport will be running a FREE lunchtime table tennis competition. Its open for anyone t enter and the competition will be delivered over a lunchtime with all the equipment provided.

Booking is essential, you can book your team in he

Teams of two can enter and play a mix of singles and doubles. the competition will be held at John Dryden House, 8-10 The Lakes, Northampton NN4 7YD from 12.00 -13.00 on Thursday 14th July.

Free Table Tennis Sets up for Grabs!

Northamptonshire Sport also have ten Ping table tennis sets to give away, to any Northamptonshire workplace for FREE!!! All you have to do to get one is email: workplacechallenge@northamptonshiresport.org and in no more than 200 words, tell them why you should receive one. They are after evidence that they can use to promote National Table Tennis Day such as photos, videos of you playing over lunchtime or good news stories.

But be quick, there is only ten available and they're gone , they're gone.

Selfie Competition

They are also running a “Table Tennis Selfie” competition where they are encouraging you to tweet photos of you in action. They are giving away a free Ping set for the best Selfie and the Longest Rally so make sure you get your entries in! Submit your Selfie on National Table Tennis day using @Nsport @tabletenniseng and the hashtag #TableTennisDay.

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