



# Active Blackpool Table Tennis sessions

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The first [Active Blackpool](#) table tennis sessions started today with a great turnout of 21!

Sessions are provided for people who suffer some form of long term medical condition such as diabetes, asthma or high blood pressure. The programme focuses on increasing physical activity levels and offers a wide choice of activities. Sessions will take place on a weekly basis at Blackpool Sports Centre.

1. [Active Blackpool TT Session](#)

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