



## New 5-8 Year Old Group at Torbay Table Tennis Academy

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Torbay Table Tennis Academy opened a new group for children aged 5-8.

The group started in October and currently has twelve players, training twice a week.

The Mini Table Tennis Club – Busy Bees is specifically designed for young players and offers a great way of introducing children to table tennis by playing games and having fun with coaches.

Each session involves rallies with a coach, practice using a ball-feeding machine, introduction to serve and basic movement around the table as well as training to improve hand-eye coordination. All these tasks are performed in a friendly atmosphere but in a well-organized and disciplined routine to help children keep focused during the whole session.

On progress, the most talented and dedicated children will be selected and moved to the next level of training, where they will be prepared to take part in home and away competitions.

The Academy strongly believe that an early start will aid a child to acquire essential skills for the future; albeit whether they decide to play just for fun and/or to master table tennis to a championship level; they will utilise these skills which include: team and systematic working, coping with stress and keeping calm under pressure; for their personal development also.

The Mini Club sessions are led by fully qualified coaches Kris Piwowar (Lead coach, UKCC Level 2), Joanna Lacinska-Piowar (Lead coach, UKCC Level 2) and Daniel Barnett (assistant coach).

Contact Jo <a href="mailto:ttclub2011@yahoo.co.uk">ttclub2011@yahoo.co.uk</a> if you would like more information.

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