Training camp is Wight hot!

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The Greenhouse students at the Isle of Wight training camp

Nine students from three Greenhouse schools (Capital City, Bushey and Crest Academies) travelled to the Isle of Wight to participate in an intense four-day training camp.

Accompanied by five coaches, each student benefitted from more than 18 hours of high-quality practice, including multiball sessions, service practice and one-to-one sessions with each coach.

The evenings brought everyone a well deserved chance to relax and socialise on the beach after a hard day of practice.

The trip was an ideal way to round off an intense summer training schedule for the Greenhouse participants, who are all now ready and eager for the new season.

We would like to extend our thanks to those at the Isle of Wight Table Tennis Centre for the use of their excellent facilities.

By Stephen Gertsen September 1st, 2014

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