

Greenhouse helps talented youngsters to grow

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Youngsters and coaches at a Greenhouse summer training camp

Summer training camps are in full flow at Greenhouse as young people across London have access to enjoyable and high-class coaching across the 10 table tennis programmes which the charity operates.

Greenhouse aims to develop social, thinking, emotional and physical skills for young people in London's communities through high quality, intensive sports programmes delivered by coaches who cater for all levels of ability from England internationals to beginner/intermediate standard.

Specialist elite camps have been set up every week at Capital City Academy, Ernest Bevin and Raine's Foundation with top class coaches in Jason Sugrue, Stephen Gertsen, Helder Rodrigues-Neves and Ashley Stokes heading up the elite programme.

These camps have also been accessible to athletes outside of Greenhouse, and many youngsters from all over England have spent their summer training with the charity.

Stokes, the head coach at Capital, said: "It's been a very productive camp for our athletes, it's been tough but the players have showed great character in striving to better themselves.

"Athletes such Igor Morais and Joesph Langham have stood out, working their socks off at every session, and have been excellent role models to the younger generation."

Coach development officer Gertsen said he was impressed with Greenhouse's roster of staff, including the experienced Henry Medellin, Jason Clark and Vidal Graham and younger coaches Ashley Willetts, Daniel Basterfield and Bradley King.

Gertsen added: "They work tirelessly to make a difference and are flexible and able to tailor their coaching style to suit different aspirations and ability ranges.

"The camps I've witnessed have been top quality with loads of energy, it's visible that the young people are having a good time."

For more information about Greenhouse visit www.greenhousecharity.org or contact Stephen Gertsen Stephen.Gertsen@greenhousecharity.org

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