Greenhouse youngsters make STEP forward at Earl's Court

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Greenhouse youngsters prepare for a coaching exercise at Earl's Court

Youngsters on the Greenhouse table tennis programme descended on Earl's Court for the launch of the organisation's STEP Framework, which aims to create a new coaching philosophy.

Nine of Greenhouse's programmes were involved as the charity's young people and coaches came together to celebrate a new chapter for the organisation.

Participants had a fantastic opportunity to play on tables previously used at the London 2012 Olympics.

Coaches were tasked with the job of planning and delivering workshops that allowed participants to engage in the individual areas of the framework as well as a section focused on table tennis analysis.

The framework runs alongside the organisation's new mission, to develop the social, thinking, emotional and physical skills of London's young people.

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Youngsters had the chance to play on tables used at London 2012

Greenhouse Head Coach, Helder Rodrigues-Neves said: "It was a special day for both participants and Greenhouse. It's an iconic venue for them to perform in and in additional they are playing on the tables their idols competed on in London 2012.

"To unite the Greenhouse players and their coaches from across London together is very rewarding; although table tennis is an individual sport our ability to work as a team and be a team is massive.

"The STEP framework, in my opinion, is a turning point for the development of our sport not only inside Greenhouse but also nationwide. It is the foundation of the new era of coaching philosophy."

Participants received awards for their enthusiasm, as did those who had shown strength in applying the new skills to their game.

The event concluded with a speech from Table Tennis England's Chief Executive, Sara Sutcliffe.

She said: "It was great to see the pupils and coaches getting so much of the day and very inspirational to see the Olympic and Paralympic tables in use again."

"The STEP framework is a great initiative and Table Tennis England looks forward to supporting Greenhouse and the coaches make it a success."

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