Mick Strode recovery update

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Picture courtesy of John Upham

Mick Strode's Recovery

As most of you know, Mick had a stroke a few weeks ago and is now home and recovering.

He has around 3 hours physio every day by therapists. Best of all (or worst depending on how you look at it) Mick's sense of humour is back in tip top shape, and his chronic jokes are flying around again!

Mick has been touched by the number of get well messages and cards he has received, and would like to thank everyone.

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