

# ann craft trust

## We're supporting #Safeguarding AdultsWeek



## Safeguarding Adults Week 2021 is here

**Author:** Paul Stimpson

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Today marks the start of Safeguarding Adults Week 2021 which runs from Monday 15th – Sunday 21st November.

The campaign week which is organised by the Ann Craft Trust, a national charity which exists to minimise the risk of abuse of disabled children and adults at risk, focuses on different safeguarding themes to explore how we can [create safer cultures](#).

This week we will be supporting the campaign by sharing resources and promoting best practice to the table tennis community to ensure that the sport we love is a safe one for adults.

[To view Table Tennis England's Safeguarding Policies and Guidance click here.](#)

**Themes of the week:**

### Monday – Emotional Abuse and Safeguarding Mental Health

What is Emotional Abuse? [Read more.](#)

Safeguarding in Sport – A Toolkit for Supporting Participants with their Mental Health. [Download here.](#)

Untold Stories – Domestic Abuse, Coercive Control and Emotional Abuse. [Learn more.](#)

How to Safeguard your wellbeing during the pandemic. [Read more.](#)

At times, work can be stressful and challenging. Read our guide about [managing your mental health in the workplace.](#)

Research into non-physical domestic abuse finds that 91% of survivors experienced psychological abuse at some point in their relationship. [Read the full report from SafeLives.](#)

## Tuesday – The Power of Language

The Power of Language in Safeguarding Practice – [Read our blog.](#)

Explore the terminology resource from Sporting Equals. [Download here.](#)

Read the guidance from Victim Support and The Children's Society about appropriate language when working with young people subject to sexual exploitation. [Download here.](#)

Language Creates Reality – How Becca's community project is revolutionising language use in health and social care. [Learn more.](#)

End the Awkward – It can be difficult to know how to talk about disability. Explore these free resources that offer support and advice to help end the awkward! [Discover more.](#)

## Wednesday – Digital Safeguarding

[Access Table Tennis England's digital safeguarding resources here.](#)

[Download](#) the digital safeguarding resource pack.

Explore our [introduction to digital safeguarding guide](#) which explains what digital safeguarding is and provides tips and advice for staying safe online.

Do you know how to support young people who have been abused online? [Learn more.](#)

Safeguarding, Young People and Virtual Delivery: Creating Safer Online Spaces. [Learn more.](#)

How to Stay Safe Online – Guidance for Adults and Young People with Learning Disabilities. [Read more.](#)

Do you know how to spot the signs of digital scams? [Learn more.](#)

Listen to our latest podcast, [Safeguarding in Esports with Fnatic.](#)

[Learn](#) about how to safeguarding young people from the harms of online gaming and gambling.

What is cyber bullying? [Read more.](#)

## Thursday – Adult Grooming

How to Spot the Signs of Adult Grooming. [Learn more.](#)

Adult Grooming In Sport – If It Feels Wrong, It Is Wrong. [Read more.](#)

An introduction to predatory marriage podcast. [Listen here.](#)

Look Closer – How to Spot the Signs of Abuse and Exploitation. [Learn more.](#)

[My Marriage My Choice](#) is a new website with information and resources for people at risk of, or currently experiencing forced, unlawful or predatory marriage.

[Tricky Friends](#) is a new animation, created by Norfolk Safeguarding Adults Board, that helps people with learning disabilities understand true friendships.

'My mother was a victim of a predatory marriage'. [Listen Women's Hour on BBC Radio 4](#) where Daphne Franks and Dr Rachel Clawson discuss predatory marriage.

## Friday – Creating Safer Organisational Cultures

What is a Safer Culture? [Learn more.](#)

Explore our leisure industry checklist that helps organisations to develop a safer culture. [Take a look.](#)

Test your safeguarding knowledge by completing our [free safeguarding assessment.](#)

Learn about how you can participate in our Safer Culture Safer Sport campaign. [Listen now.](#)

Develop your safeguarding policy using our templates. [Take a look.](#)

Listen, Learn and Lead. How can you create a safer culture? [Read more.](#)

Reporting and recording safeguarding issues is key to creating safer cultures. [Learn more.](#)

[Read our new blog](#) from NICE which focuses on creating a safeguarding culture within care homes.

[Download our training resources](#) to support you with starting conversations about safeguarding best practice in your organisation.

## Saturday & Sunday – Safeguarding and You

[Access Table Tennis England's Codes of Conduct here.](#)

What is my role in safeguarding? Video. [Watch here.](#)

The KnowHow NCVO Safeguarding Hub. [Access here.](#)

Learn more about your role in safeguarding. [Read more.](#)

Sports and activity clubs are at the centre of communities. [Watch this video](#) to learn more about safeguarding in sport.

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