



## We're stepping up our support for Licensed Coaches

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Today we launch a new package of support for Licensed Coaches to help them develop their coaching knowledge and be the best they can be.

We have teamed up with a number of specialist, leading-edge coaching organisations, as well as creating our own TT Coach Support platform.

Together, these developments combine to provide Licensed Coaches with access to a huge bank of resources and information, plus discounts on a number of great initiatives to help them upskill.

Here's what coaches can access:

### **Coach Support page**

Accessed through the TT Learning Zone on our website, the [TT Coach Support page](#) is a hub of learning, with Table Tennis England development resources and best practice guidance available online to help keep coaches engaged and in turn help develop the sport and our players.

We will continue to build this page with quality information in the form of resources, learning material, videos, webinars and more.

This video shows where to find the platform on our website and an overview of the resources on it:

## UK Coaching

Table Tennis England has teamed up with UK Coaching to give Licensed Coaches discounted access to the UKCoaching.org subscription service.

When you join UK Coaching, you will unlock a wide range of exclusive resources, learning and offers designed to help you connect, grow and empower people – from all walks of life.

Licensed Coaches will be sent a discount code allowing them 12 months' access for £20, a discount of £4 on the standard price of £24.

For this, you will get:

- Exclusive access to practical resources you can read, watch or download that will help you to:
  - Build rapport
  - Grow abilities
  - Develop mindsets
  - Support differing needs
  - Ensure welfare and safety
  - Organise and plan
  - New content added every week
- Free access to some of UK Coaching's online Learn at Home courses, including recordings of the popular Time2Learn webinars.
- Priority offers where you can save money on everything from team kit to tax advice and digital technology.

[Click here to visit the UK Coaching website](#)

## SAQ

All Licensed Coaches can access a table tennis-specific Fundamental Movement award at discounted rates through SAQ.

SAQ programmes are widely regarded as among the global leaders in terms of movement training solutions, functional training and achieving optimum performance levels. The company launched in the UK in 1997 and was developed with the support of Nike and many of the top world sports scientists, coaches, players, fitness and conditioning experts.

The programme has been taken on by many leading clubs and individuals in a number of sports, including Liverpool, Bayern Munich and Barcelona football clubs, the England cricket and hockey teams, Andy Murray and our very own Grantham College Table Tennis Academy.

The offer includes discount on:

- FM award – Table Tennis Specific Fundamental Movement award to Table Tennis England Licensed Coaches discounted from £130 to £75 (£55 reduction per coach).
- Online Sports Diploma (Choice of 12) Table Tennis England licensed coaches discounted from £500 to £350 per coach (saving of £150 per coach)
- Discounted specialist equipment

Licensed Coaches will be sent a discount code and instructions on how to apply the discount.

[Click here to visit the SAQ website](#)

## TTFit

[As we have already announced, all Licenced Coaches will have free access to TTFit Pro](#) through the app and can tap into a huge range of benefits.

TTFit Pro includes training plans, table tennis-specific exercises – including a section designed for children – and a ‘Smart Coach’ feature which creates exercises to help individual players work on their weaknesses.

Coaches can create their own sessions and share them with individual players or squad members, and also have access to an array of table tennis knowledge through interviews with and articles about the world’s best players and coaches.

A key element for our coaches is the Coach-Player Portal, which gives the player and coach the ability to communicate and set important aspects of their game, including goal planning, tournament and weekly schedules, monitoring key opponents, setting trigger words and even setting up their own custom areas.

[Click here to visit the TTFit website](#)

## Coach Clothing discount

Licensed Coaches can get a 20% discount off coaching clothing through our online shop – the discount code will be emailed to Licensed Coaches.

[Click here to visit the online shop](#)

These new partnerships are in addition to the support already provided to Licensed Coaches, such as inclusion on the Table Tennis England Find a Coach page and discounts on TT Kidz kit.

[Click here to visit the Coach Licence page to find out more](#)

Table Tennis England Coaching and Education Manager Aled Howell said: “To get the best out of a player, a coach needs to pick from a number of tools. This support package aims to give coaches more tools and more ideas.

“We want to encourage coaches to go and try new things, be creative and be adaptable, and to have a growth mindset.

“Our support for coaches reflects this and will not only upskill our coaching workforce but ultimately also create better players in the English game.”

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