

# theBigGive

## YST targets Big help for teachers

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The Youth Sport Trust is putting the wellbeing of teachers at the forefront of its involvement in The Big Give campaign.

The Trust aims to raise £12,500 to support its work looking after the mental health of teachers – and every pound raised up to that amount will be matched by the Monday Charitable Trust and Sky Sports. The aspiration is to reach the £25,000 target to celebrate the YST's 25<sup>th</sup> anniversary year.

YST is on a mission to support frontline teacher and school staff wellbeing following the Covid-19 crisis. YST's Well Schools Movement will help schools embed a wellbeing strategy that will impact their staff and young people to transform their health and wellbeing using sport and physical activity.

The sum of £25,000 would help more than 500 teachers, which will in turn benefit more than 15,000 young people.

The Big Give is a national campaign involving more than 750 charities and runs for seven days from noon on December 1.

The Youth Sport Trust is inviting pledges now – [click here to find out more and make your pledge](#). The Trust will then contact all pledgers to remind them to make their actual donation when the fundraising goes live on December 1 and donors will have until noon on December 8 to give.

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