

## Free webinars will help coaches enhance skills

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Coaches have the chance to develop their knowledge base during the coronavirus lockdown at a series of free webinars from Table Tennis England.

The series includes topics aimed at coaches of Level 1 and above or Level 2 and above and draws on the skills and experience of a string of leading coaches.

Not only does this provide an opportunity to learn from the best coaches in the UK but also to ask questions on a host of topics.

The webinars are free but limited to 60 per session. Click here to sign up via TT Membership and courses.

The first webinar takes place at 11am on Tuesday March 31, when Ryan Jenkins will lead a session on *Player Preparation for Competition and Cornering.* This webinar is accessible for coaches who have a Level 2 (Lead Coach, UKCC or ETTA Level 3) or above coaching qualification.

Ryan is a UKCC Level 4 coach who during his playing career competed at multiple Commonwealth, world and European Championships, as well as in professional leagues in five countries. He is now Director of Coaching at Table Tennis Wales, where he has been instrumental in the rise of players such as Charlotte Carey (reaching the world's top 100), Josh Stacey (Para World top 10) and Anna Hursey (European top 10 juniors).

A series of webinars follows in April and May, touching on topics including *Match Analysis* and *Understanding of Fundamental Movement Skills*.

England performance coaches Alan Cooke, Marcus Gustafson, Gavin Evans and Matt Stanforth are among the others who will deliver webinars, with more topics and dates to be confirmed over the next few days.

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