

Book now for top-level coaching conference

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The chance to hear from some of Europe's top coaches is the tantalising offer for those who attend the 2019 European Table Tennis Union (ETTU) Coaching Conference.

Bookings are now open for the three-day conference, hosted by Table Tennis England at the Greenhouse Centre in London.

Renowned German coaches Richard Prause and Benjamin Schmitz are among the speakers at the event, which is open to Level 2 coaches and above and costs £50 for a licensed coach and £80 for a non-licensed delegate.

The event, which will also provide unrivalled networking opportunities for coaches from around Europe, kicks off at 4pm on Wednesday October 30 with an introduction by Table Tennis England and, on behalf of Greenhouse, Jason Sugrue.

That is followed by a lecture by Richard Prause entitled Plastic ball – Influence on the Technique and Tactics of Table Tennis.

Prause, a former international player who became men's national coach, coached Timo Boll and Christian Suss at the World Championship where they took silver; in 2006 he led the men's team to bronze at the World Championships; in 2007 he led the team to win three gold medals and one bronze at the European Championships, repeating the golden triple the following year; 2008 was the highlight of his career when Boll, Dimitrij Ovtcharov and Suss won silver at the Olympic Games.

In 2015 he became the sporting director of the German Table Tennis Association.

The two main lectures on the Thursday see Prause talk about Service / Receive in Modern Table Tennis, followed by Benjamin Schmitz present on Speed in High Performance Table Tennis / New Aspects of Weight, Coordination and Neuro Athletic Training.

Schmitz is German Table Tennis Association's fitness coach and Dimitrij Ovtcharov's personal trainer.

The Friday morning will see Table Tennis England Director of Sport Simon Mills, plus coaches Alan Cooke and Matt Stanforth, talk about player development in the England pathway, before LTA Performance Coach Development Manager Simon Wheatley lectures on Game Based Coaching: Coach the range of skills a player needs to progress to high performance.

Spaces are available on a first come, first served basis and bookings will close on October 14. The cost is for all three days and includes lunch on the Thursday.

Click below to register:

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