



## Award accolade for shining light Rod

**Author:** Paul Stimpson

**Posted On:** August 06, 2019

Rod Lewis has been named Solihull Disabled Sportsman of the Year for 2019, for his remarkable return to the sport, after suffering from an acute form of OCD (Obsessive-Compulsive Disorder) for many years.

He formed the Bat and Chat sessions at the Tudor Grange Leisure Centre, which is currently the most popular session at the centre, attracting players of all ages and abilities to the centre on Mondays 10am onwards.

Rod is also making great strides in returning to the standard which saw him ranked Warwickshire Junior No 1 in his youth.

He bravely told his story earlier this year in an article that has been used as an example throughout the table tennis world, at how sport can help people with all kinds of illnesses and disabilities.

Rod's goal is to make Tudor Grange a thriving centre for disabled table tennis players, as well as bringing elite players to the centre.

He is still battling OCD, but with the help of Colebridge TTC members Neil Wheatley, Inky Moss and Alan Buttle, who are based nearby, is determined to achieve his ambitious goals. The attacking star was a leading player in the Bromsgrove and Redditch League during 2018/19 helping his side to cup success.

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