

The Sport and Physical Activity Workforce Mental Health (SPAWMH) Survey

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Take part in the first UK wide mental health in sport survey

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Edge Hill University, in partnership with DOCIA sport, has launched the UK's first ever national survey into the mental health of people who work in sport.

Questioning people (aged 16+) who work in sport from grassroots to professional level, and in the education and physical activity/lifestyle sectors, the results will reveal for the first time the state of mental health throughout the sports workforce.

It will be the first time data of this kind will be collected and it's hoped thousands of thousands of leaders, employees and volunteers across the sport and physical activity sector will take part in the study.

The findings will aim to inform the ways in which mental health of those who work in sport and physical activity can be best supported and promoted.

The anonymous survey is open until 31 December 2018 and should take no longer than 10 minutes to complete. Click here to access the survey. <https://bit.ly/2yaERLp>

The results will be announced in the Spring to coincide with the anniversary of the mental health charter in sport.

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