



**Building  
better  
experiences.**

## Helping clubs to increase female participation

**Author:** Paul Stimpson

**Posted On:** May 17, 2018

Clubs and Leagues still have just over a week to apply to be part of Table Tennis England's Be TT programme.

The support programme for PremierClubs and Leagues is designed to build better experiences across our sport and one of the three areas of focus, based on insight into playing habits around the country, is developing female participation.

Table Tennis England has published a Best Practice Guide on Increasing Female Participation to guide Clubs and Leagues planning to focus on that area.

The guide helps clubs to understand barriers which may prevent women and girls from playing and how to remove them, guidance on how to engage women from different age brackets and create sessions tailored for women, plus case studies from clubs and leagues which have successfully introduced more female players to the sport.

[Click here to view the Good Practice Guide on Increasing Female Participation.](#)

[Click here for more information on Be TT, including how to apply.](#)

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